

# GLENBROOK AQUATICS WEEKLY SPLASH

Week of 10/26/09 - 11/5/09

		26-Oct	27-Oct	28-Oct	29-Oct	30-Oct	31-Oct	1-Nov	2-Nov	3-Nov	4-Nov	5-Nov
BLUE		MON	TUES	WED	THURS	FRI	SAT	SUN	MON	TUES	WED	THURS
	POOL	OFF	5:30-7 PM GBN	5:45-7 PM GBS	5:30-7 PM GBN	OFF	11 -12:15 PM GBN	OFF	OFF	5-6:15 PM GBN	5:45-7 PM GBS	OFF
GREEN		MON	TUES	WED	THURS	FRI	SAT	SUN	MON	TUES	WED	THURS
	POOL	OFF	5:30-7 PM GBN	6:45-8:15 PM GBS	5:30-7 PM GBN	OFF	12-1:30 PM GBN	OFF	OFF	6-7:30 PM GBN	6:45-8:15 PM GBS	OFF
SILVER		MON	TUES	WED	THURS	FRI	SAT	SUN	MON	TUES	WED	THURS
	DryLand	OFF	OFF	4-4:30 PM GBN	OFF	5:45-6:30 PM GBS	OFF	OFF	4:45-5:30 PM GBN	OFF	4-4:30 PM GBN	OFF
	POOL	4:45-6:30 PM GBN	7-8:30 PM GBN	4:30-6:00 PM GBN	7-8:30 PM GBN	6:30-8 PM GBS	OFF	10 AM-12 PM GBN	5:30-7 PM GBN	5:15-7 PM GBN	4:30-6:00 PM GBN	5-6:30 PM GBN
GOLD SKILL		MON	TUES	WED	THURS	FRI	SAT	SUN	MON	TUES	WED	THURS
	DryLand	OFF	OFF	4-4:30 PM GBN	OFF	5:45-6:30 PM GBS	OFF	OFF	6:30-7 PM GBN	OFF	OFF	OFF
	POOL	6:30-8 PM GBN	7-8:30 PM GBN	4:30-6:00 PM GBN	7-8:30 PM GBN	6:30-8 PM GBS	OFF	10 AM-12 PM GBN	7-8:30 PM GBN	5:30-7 PM GBN	OFF	6:30-8 PM GBN
GOLD COND		MON	TUES	WED	THURS	FRI	SAT	SUN	MON	TUES	WED	THURS
	AM Pool	OFF	5:45-7 AM GBN	OFF	5:45-7 AM GBN	OFF	OFF	OFF	OFF	5:45-7 AM GBN	OFF	5:45-7 AM GBN
	DryLand	OFF	OFF	5-5:45 PM GBN	OFF	4-4:45 PM GBS	OFF	OFF	5:15-6 PM GBS	OFF	5-5:45 PM GBN	OFF
	PM Pool	6-8 PM GBS	7-8:30 PM GBN	5:45-7:30 PM GBN	7-8:30 PM GBN	4:45-6:30 PM GBS	11 AM-1 PM GBN	OFF	6-8 PM GBS	7-9 PM GBN	5:45-7:30 PM GBN	7-9 PM GBN
GOLD EXTREME		MON	TUES	WED	THURS	FRI	SAT	SUN	MON	TUES	WED	THURS
	AM Pool	OFF	5:45-7 AM GBN	OFF	5:45-7 AM GBN	OFF	OFF	OFF	OFF	5:45-7 AM GBN	OFF	5:45-7 AM GBN
	DryLand	OFF	OFF	5-5:45 PM GBN	OFF	4-4:45 PM GBS	OFF	OFF	5:15-6 PM GBS	OFF	5-5:45 PM GBN	OFF
	PM Pool	6-8 PM GBS	7-8:30 PM GBN	5:45-7:30 PM GBN	7-8:30 PM GBN	4:45-6:30 PM GBS	11 AM-1 PM GBN	OFF	6-8 PM GBS	7-9 PM GBN	5:45-7:30 PM GBN	7-9 PM GBN
MASTERS		MON	TUES	WED	THURS	FRI	SAT	SUN	MON	TUES	WED	THURS
	Pool	8-9 PM GBN	8:30-9:30 PM GBN	8:15-9:15 PM GBS	8:30-9:30 PM GBN	OFF	OFF	8:30-10 AM GBN	8:30-9:30 PM GBN	9-10 PM GBN	8:15-9:15 PM GBS	8-9 PM GBN
	<i>Weekly Happenings</i>		1ST night of Super Splash / Coach Kelly's B-day!		2ND and final night of Super Splash	GBN GIRLS HS HOME MEET	Happy Halloween! TURN CLOCKS BACK ONE HOUR:)	Happy November!			November Newsletter will be out, PLEASE READ!	Board Meeting 7:15 PM in pool office

*Be sure to call the Info line daily to double check practices times-Call 847-509-3420 after school (after 3:00 PM) each day!*

"Oktoberfest" was a tremendous success even with the few timing system glitches! Our parents that fulfilled their volunteer spots were fabulous, the swimmers put in effort and came out with great results (keep working hard) and the coaches (though tired) were pleased to see all the swimmers hard work paying off! THANK YOU ALL!

**SUPER SPLASH SWIM-A-THON: There are two nights in which to choose from this week. All swimmers MUST participate in the swim for the hour and are encouraged to bring in donations. All sponsor sheets and money must be turned in to your coach by DECEMBER 1st. Best of luck!**