

**Glenbrook Aquatics**  
**Glenbrook Aquatics "Oktoberfest" Meet**  
**October 17-19<sup>th</sup>, 2008**

**Location:** Glenbrook North High School  
2300 Shermer Road  
Northbrook, IL 60062

**Format:**

**Friday P.M. (All Ages)**

**Warm-ups:** 5:00-5:45 PM  
**Positive check-in closes at:** 5:30PM  
**Meet Start:** 6:00 PM

**Sat/Sun A.M. (9/10 & 11/12)**

**Warm-ups:** 7:00-7:45 AM  
**Positive check-in closes at:** 7:30 AM  
**Meet Start:** 8:00 AM

**Sat/Sun P.M. (8&U, 13&O)**

**Warm-ups:** 12:00 - 12:45 PM  
**Positive check-in closes at:** 12:30PM  
**Meet Start:** 1:00 PM

**Please arrive 15 minutes prior to warm-up** and find your coach on the deck for stretching. Swimmers bag should have extra warm, dry clothing (see meet cheat sheet attached), GA gear (any that you have) and be ready to fulfill your work assignment to make our first meet a great success!

**Your escrow account will be charged for the events. Go GA!!!**